

ADULT ARTS

**CLICK HERE FOR A PRINTABLE
REGISTRATION FORM**

RUG HOOKING 101

Join us and learn this creative American art form of wool fabric rug hooking! If you enjoy felting, knitting, crocheting or crafting you may just fall in love with the easy and fun art of rug hooking! Create your own 'hooked heirloom' or fun items. Do primitive or traditional, geometric, floral, oriental, country, or pictorials. The fun is in the doing and achieving. ***\$35 material fee (includes 100% wool fabric, foundation pattern and rug hook) due to the instructor on the first day of class. Student must supply 14-inch hoop and small scissors.**

18 yrs. & up

Instructor: Morrison *\$12(R)/\$14.50(N)
001 Th 10:00 AM-1:00 PM 03/04-04/08 ECC

ADULT POTTERY

Experienced and talented instructors will teach you hand-building, wheel-throwing, decorating, glazing, and firing techniques using clay tools, supplies, and equipment. Finished products are safe to use with food. Personal instruction is guaranteed and everyone will work at their own personal pace! No experience required. ***Materials not included. Clay may be purchased at cost from instructor on the first day of class.**

18 yrs. & up

Instructor: Mulder *\$38(R)/\$47.50(N)
001 W 6:30-9:30 PM 01/06-02/10 GP
002 W 6:30-9:30 PM 02/17-03/24 GP
003 W 6:30-9:30 PM 03/31-05/05 GP

FABRIC-A-LICIOUS!

Use your imagination and novel easy techniques to transform every day items into fashion art. Each week we will take an old wardrobe favorite and make it new again or make something new - gorgeous! Some items will need to be purchased, but most you might already own. Each project will be budget adaptable. Projects may include: T-shirt Transformation; Paint That Shoe or Bag; Hoodie Magic; Sweat Shirt Alert...and more! ***\$20 material fee due to the instructor on the first day of class.**

18 yrs. & up

Instructor: Porter *\$32.50(R)/\$40(N)
001 Th 1:00-4:00 PM 03/04-03/25 MCC

VOICE CLASS FOR BEGINNERS

From the absolute beginner to those who sing or simply love to sing, this class is offered for enjoyment, entertainment and education in the world of good singing. The techniques offered here are unsurpassed in the realm of instruction.

18 yrs. & up

Instructor: Yufe \$53.50(R)/\$66.50(N)
001 Tu 6:00-7:30 PM 02/02-03/30 EMSC

COELHO ACADEMY OF MUSIC- BEG. GUITAR

(See Youth & Teen Art Section for a complete description)

Give Back to Santa Maria by

VOLUNTEERING



Your skills, time, and energy are needed!

INDIVIDUALS AND GROUPS NEEDED IN THESE CATEGORIES:

Park Docent: Park Service Education and Maintenance

Teen Volunteer Mentor: Career Development

Youth Program Mentor: Reading Stories, Arts & Crafts, Cooking, and Sports

Special Event Aide: Greeting, Decorating, and Clean-Up

Special Olympics: Coaching and Volunteering at Events

Police Activities League (P.A.L.): Fundraising Event Support, Coaches, Excursion Chaperones

We Will Match Your Skill With Our Needs!



Contact the Recreation and Parks Department for more information at (805) 925-0951, ext. 347 today!

HEALTH TIPS

Get Active Santa Maria!

Make the City of Santa Maria Recreation & Parks Department your one stop for Fitness, Arts, Cultural & Sports Programs for Kids, Adults, and Seniors.

Go for a walk after eating. You'll burn calories and get your exercise at the same time!

Drink at least one full-glass of water or iced tea before eating your meal. This helps your digestive process, and, because you'll feel full sooner, you will eat less.

Set realistic goals for weight loss, Fitness, and a healthy lifestyle!